

Mission: To meet the needs of individuals, families and the community by providing integrated health services which foster well-being and self-sufficiency.

Vision: Employing best practices, AWBS (All Well-Being Services) is an inclusive and resourceful community health organization that provides services to individuals of ALL ages.



**All Well-Being Services
Estimated Time Commitment for Board of Service**

| Item and Description | Frequency of Meetings | Number of Hours |
|--|---|-----------------|
| Board Meetings | Four to eight two-hour meetings annually | 8 to 16 |
| Committee Meetings | Four to five 2 hour meetings annually (Varies depending on the committee) | 8 to 10 |
| Annual Meeting | Annually | 3 |
| Board Retreat | Annually | 8 |
| Meeting Preparation & Follow-up | One to two hours per month of reading for meeting preparation and follow-up from Board and Committee meetings | 12 to 24 |
| New Board & New Hire Orientation | Annually | 6 |
| Total estimated number of hours | | 45 to 67 |